# Backcountry Skiing in Niseko and Ezo-Fuji (Yoteizan)



The tallest mountain of Japan Mt. Fuji is widely known, however, there are a considerable number of local Fujis actually found as well throughout Japan. One of such local Fujis, Ezo-Fuji (Yoteizan, 1,898m) in Hokkaido has been familiarized and loved by locals, as the symbolic icon of Abuta county where the thriving agricultural area famous to its fresh and quality agricultural produces.

Niseko, now world-famous ski resort right next to Yoteizan, has long been loved as an ideal ski paradise as its high quality powder snow. This 25km long volcanic mountain range is situated around 1,000 meters in elevation, has several peaks and gives variety of natural slopes suitable for backcountry skiing.

On this tour, you will be settled in a comfortable accommodation in Niseko, then enjoy guided backcountry skiing at various natural slopes in Niseko mountains for two days, and finally get tackled a 1,500 meter slope of Yoteizan. In mid-winter, gliding on feather-light powder snow will definitely be your unforgettable experience.

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#### **Highlights:**

- Backcountry skiing on various big slopes with feather-light powder snow
- Impressive huge 1,500 meters long slopes of Ezo-Fuji (Yoteizan)
- Gliding huge slopes above the tree lines and in a pleasant natural forest
- Climbing vast slopes to the great-view top by using the climbing skins
- Warming your chilled body after skiing with high quality hot springs

#### **Location:**

Niseko and Yoteizan are both closely situated in western central part of Hokkaido, an ideal location accessible by a two hour drive from New Chitose Airport, the Hokkaido's main gate, as well as the largest two million populated city, Sapporo. Yoteizan (1,898m) belongs to Shikotsu-Toya National Park, and Niseko does so Niseko-Shakotan-Otaru Coast Quasi-national Park.

**Main Activity:** Backcountry Skiing

**Difficulty:** 4 (Vigorous)

**Tour Dates:** December to May

**Pax:** Minimum 2 Maximum 6

**Price:** JPY240,000

Route map

Day-by-day Itinerary

What's included

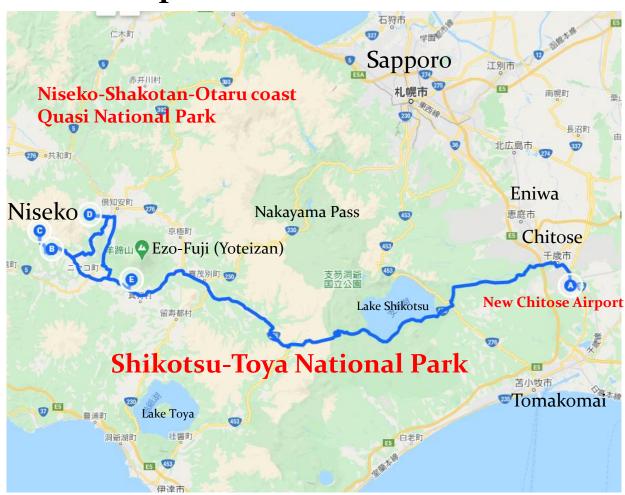
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## Route map





# **Day-by-day Itinerary**

#### Day 1 - Transfer from Airport to Niseko

You will meet a guide at New Chitose Airport that connects to Tokyo Haneda airport or other airports with considerable number of daily flights. A two hour drive with a private van will take you to Niseko, the world famous ski resort of today. Many of hotels are well facilitated with hot springs, and with spectacular view of Niseko mountains and possibly Ezo-Fuji (Yoteizan 1,898m) in front of you. Get relaxed and enjoy your dinner.

Activity – | Time – 2 hours Accommodation – Niseko | Hotel | Private room with ensuite | Onsen Spa Included meals – Dinner

#### Day 2 - Guided Backcountry Skiing at Chise-Nupuri

After breakfast, we take a short drive to Chise-Nupuri parking, located at elevation of 550 meters. Sticking the climbing skins on your ski soles, then start climbing on disused ski course until we reach to an abandoned chair lift facility at altitude of 830 meters. The vast slope of Mt. Fuji-shaped Chise-Nupuri\*(1,134m) awaits you for climbing and gliding. If the condition permits, you can try skiing on other neighbor peaks such as Shakunage-Dake (1,074m) or Nito-Nupuri (1,080m). After skiing, we return to the hotel. \*Chise and Nupuri mean house and mountain respectively, in Ainu.

Activity – Back Country Skiing | Distance – 5 km | Time – 5 to 6 hours | Elevation – 6 oom Accommodation – Niseko | Hotel | Private room with ensuite | Onsen Spa Included meals – Breakfast , Dinner

**Activity:** Backcountry Skiing

Difficulty: 4 / 5 (Vigorous)





#### Day 3 - Guided Backcountry Skiing at Weisshorn

After breakfast, we take a short drive to Hanazono area, located at elevation of 500 meters. Pasting the climbing skins on your ski soles, then start climbing on the snow covered road and Iwo river valley. From the middle of the river, we hike up a slightly steep slope of south-eastern face of Weisshorn\*(1,045m). The vast slope awaits your climbing and also skiing. If the condition permits, you can try other side of this peak which was used as a cat-ski course, or some more neighbour peaks such as Iwao-Nupuri (1,116m) and Niseko-Ann-Nupuri (1,308m) for skiing. After skiing, we return to the hotel.

\* Weisshorn, this name may have been applied from the peak of the same name in Switzerland.

Activity – Back Country Skiing | Distance – 8 km | Time – 5 to 6 hours | Elevation – 55 om Accommodation – Niseko | Hotel | Private room with ensuite | Onsen Spa Included meals – Breakfast , Dinner

Activity: Backcountry Skiing

Difficulty: 4 / 5 (Vigorous)

#### Day 4 – Guided Backcountry Skiing at Ezo-Fuji (Yoteizan)

After breakfast, we take a half-hour drive to a car park at the foot of Ezo-Fuji, located at elevation of 320 meters. Pasting the climbing skins on your ski soles, then start climbing in the forest, the slope will gradually be getting steeper, then at around 1,000 meters in elevation, reaching the point above the tree lines. You'll may need to place the ski crampons depends on the surface. If the surface is icy and slippery, we probably need to carry the skis and use the boots crampons. The spectacular view from the top (1,898m) will be one of the unforgettable memories. Skiing into the summit crater may also be possible, then we finally drop into a 1,500 meters long steady big slope without any disturbing objects. After skiing, we return to the hotel.

Activity – Back Country Skiing | Distance – 12 km | Time – 6 to 7 hours | Elevation – 1,580m Accommodation – Niseko | Hotel | Private room with ensuite | Onsen Spa Included meals – Breakfast , Dinner

Activity: Backcountry Skiing

Difficulty: 4 / 5 (Vigorous)

## Day 5 - Transfer to Airport

After breakfast, a two hour drive with a private van will take you to New Chitose Airport.

Time – 2 hour Included meals – Breakfast









#### **Accommodations:**

Day	Location	Type	Room	Spa
1	Niseko	Hotel	Private room ensuite	Onsen Spa
2	Niseko	Hotel	Private room ensuite	Onsen Spa
3	Niseko	Hotel	Private room ensuite	Onsen Spa
4	Niseko	Hotel	Private room ensuite	Onsen Spa

### **Food & Accommodation**

#### **Breakfast & Dinner**

All breakfasts and dinners on this tour are included. Both will be served at a hotel as a set menu or a buffet, it depends on the day and subject to an accommodation. In many cases, it will mainly be served basically 'Washoku', Japanese cuisine, and some other dishes like Western or Chinese cuisines may also be included. If you are not good at using chopsticks, cutlery can easily be requested. Any kind of dietary requirements will happily be accepted, or if it's not, the proper substitutes must be provided, so please feel free to tell us your requirements in advance.

#### **Purchasing Backpacking Food**

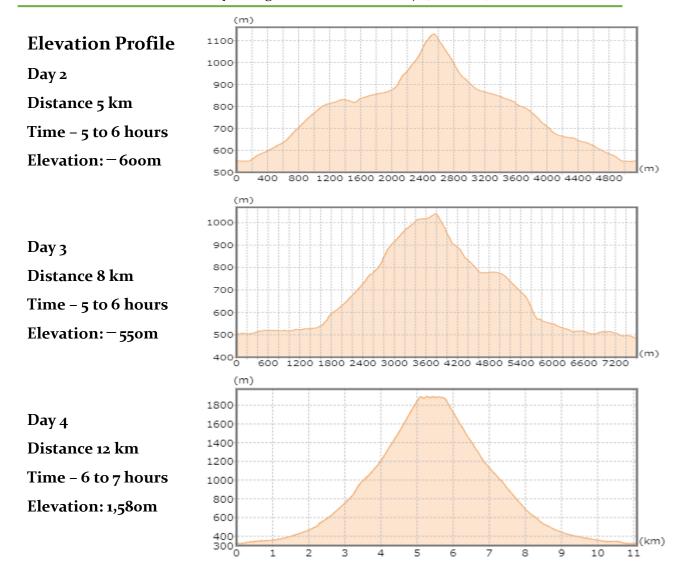
Winter outdoor, we shouldn't take a time for eating a packed lunch or similar, because, the air temperature is normally around zero degree or less even in the daytime. So, you'd better take high energy food regularly also quickly, whichever you're hungry or not. You have a time to buy something at a local convenience store like Seicomart, which has wide range of foods and beverages such as cooked sandwiches, chocolates, energy bars, high caloric snacks, mixed nuts, sports drinks etc. Please buy them and pack it in your backpack.





#### The Airport

Our guide will awaits your safe arrival at New Chitose Airport (CTS), one of the busiest airports in Japan. The distance from CTS to Niseko is approximately 110 km and it takes about 2 hours on road. Sufficient number of flights from/to Tokyo, Haneda airport are daily operated, as well as flights for other domestic / international airports are also available. Tell us your flight details in advance.



## What's included

- 4 nights accommodation with 4 breakfasts and 4 dinners
- All transportations as described in the itinerary
- English speaking Japanese guide, assistants and porters upon group size

## Not included

- Drinks, lunches & personal expenses.
- Equipment for backcountry skiing; skis with tour bindings, boots, climbing skins, couteaus, ski poles, and other suitable items for backcountry skiing.

# We provide & What to bring

#### We provide

- First-aid kit
- Safety equipment and maps

#### What to bring

#### Essentials

- Skis with alpine touring bindings (with heel free function)
- Ski boots, climbing skins, couteaus/mountings, ski poles
- Avalanche beacon, probe and shovel
- Gore-Tex jacket and pants suitable for mid winter
- Base layers top and bottom
- Thermal Layers top and bottom
- Fleece or down jacket
- Woolen gloves and windproof outer gloves
- Balaclava or Bienne, neck warmer
- Sun glasses and sun screen
- Water bottle of more than 1 L
- · Quick dry hand towel
- Toiletries
- Personal Medications
- Backpack suitable for all items
- Travel insurance
- Passport
- Cash in Japanese Yen. Local restaurants and shops often don't accept credit cards. You can withdraw cash from an ATM at the post office and 7/11 convenience stores
- Rations/Lunches (you will have time to purchase them at local shops)

#### Recommended items

- Cell phone power bank
- Dry bags
- Extra snacks/energy bars
- Camera

## About us

#### Nomad

Nomad Co Ltd established in 1987 in Sapporo, the principal city of Hokkaido Prefecture in Japan, We've been dealing various types of nature related tours over 35 years, and now we ended up had various experiences and useful knowledge those all provided from our valued guests and nature.

Initially, we were dealing various kind of travel related products and materials such as simply air tickets, hotel bookings, train/bus/rent-a-car bookings, visas, group tours for academic conventions, travel arrangements for inbound groups/individual into Hokkaido, and many more. That is, we dealt everything a person needs to move. Many periods so far, we have been producing nature relating tours, as if trekking/hiking tours and mountaineering tours. We actually had a guiding section called 'Alpine Guide Nomad' as well, therefore, we have been guiding mainly Japanese hikers, trekkers and climbers to various mountains in domestic and overseas.

As same as others, we had to be facing this pandemic, the overseas tours have suspended. Then we have been getting to focus our home ground Hokkaido since March 2020.

In result, unexpectedly, we were reminded again how our home Hokkaido is filled with amazing nature, and there still are unlimited target places to explore existed, and also those places are luckily accessible without big effort relatively. Therefore, we are recognized that our next mission is obviously inviting nature lovers from all over the world warmly, and take them into genuine and dense Hokkaido's nature, and provide them a great opportunity with unforgettable experiences by unique and active enough adventurous activities.

If you wish to touch and explore the genuine nature of Hokkaido, give us a chance to support you on exciting adventure. See you in Hokkaido!

# Guides Yu Sato (YOU)



'YOU' was born in a small village, situated at eastern Hokkaido, as a family member of a big farm who generates various crops and local specialties of produces. He grew up in an ideal nature-filling environment, where the eastern foot of a great mountain group called Hidaka Mountain Range, a magnificent huge uplift with a total length of 150 km, also considered as a backbone of Hokkaido. He have learned in his daily life, how to deal with nature or how to walk in a dense forest as well as how to avoid an unexpected encounter with a wild bear. He moved to Sapporo City when he was 18 years old to learn outdoor guiding, and after that he has worked in Nomad, then brushed up his guiding skill. He has been guiding our guests to various locations in and outside Hokkaido, also to the mountains abroad such as Mt. Kilimanjaro in Tanzania, Annapurna Sanctuary in Nepal, and many more. He's recently started his own guiding office 'Your Time' which propose you various adventures. HMGA official Mountaineering Guide Stage-1 and Ski Guide Stage-2, Hokkaido official Outdoor Guide (All seasons).

#### Michiko Aoki (Michiko)



Michiko, born in Sapporo, the principal city of Hokkaido, she has started skiing from her early age. After she studied the international development at the University of Calgary, AB, Canada, had worked as a park-ranger at Daisetsuzan National Park in Hokkaido, and then gained a two year experience in the Republic of Kenya as a JICA Japan Overseas Cooperation Volunteer. After returning to Japan, she had experienced as an assistant guide in Hokkaido for a while, then she had again been to Canada and learned higher guiding skill at the Mountaineering course in Yamnuska Mountaineering School, Canmore, AB. In 2014, she started her own mountain climbing guide firm "Mountain Flow", and has been guiding a lot of domestic and international guests so far. The certainty of her guiding is undisputed, but more than that her cheerful personality and mindfulness attracts all the customers coming from any location of the world.

HMGA official Hiking Guide Stage-2 and Ski Guide Stage-1, CAA ATS Level-2, JAN Level-1, Wilderness First Aid.

# Information and Requirements

#### **Dietary Restrictions**

Before pandemic, 150 million foreign tourists enjoyed Hokkaido every year. Of course, since they come from all parts of the world, it's not surprising that there are dietary restrictions for health or religious reasons, and we've grown to accommodate them. Currently, many accommodations and dining facilities are able to accommodate or have closer alternatives to your dietary restrictions, such as vegetarian, halal, and MSG allergies. We too will do our best to accommodate you, even if it is a camp in the mountains. If you have dietary restrictions, please do not hesitate to fill out the pre-departure questionnaire.

#### **Emergency Response Plan**

We prepare the well-organised first-aid kit, and those will be carried by our guides who are well-experienced and qualified. The qualification, for instance, Mountain Guide Stage I / Ski Guide Stage II, which are certified by the Japan Mountain Guide Association (JMGA), and Hokkaido Outdoor guide Qualification (HMGA). As you know, nature doesn't promise us 100% safety, Especially our tour is consisted with activities in deep nature. Guides always consider the safety first, and lead the team correctly, however, unexpected cases could always be happened. Although, our guides are well trained, but if any cases, they try finding the best solution as sufficient as possible, also guides are sometimes carrying a satellite phone to call an emergency rescue. If necessary, they may carry a bear spray just in case even in winter.

#### **Weather Conditions in Winter**

Winter, of course, it's cold and sometimes forcing severe condition, but it gives us magnificent scenery to see. Hokkaido is situated at 41 – 45 North Latitude. Despite being at the northern tip of Japan, Hokkaido is located on similar latitudes to major American and European cities, for instance, cities at the same latitude as Sapporo(43N) are Toronto, Canada, Milwaukee, USA and Marseille, France. Snow covering period in mountain area in Hokkaido is roughly from October to May, but real winter could be said as from the middle of December to the early of March. The weather in mid winter is subject to typical winter-type pressure distribution and strong northwesterly winds, once it's under this winter type system, it tends that the northwest side of Hokkaido is snowy and windy, but southeast area is sunny and calm. The temperature in mid-winter often drops to minus 15 to 25 degrees Celsius inland.

## Natural Hot Springs - 'Onsen'

It makes sense that there are uncountable hot spring points existed entire Japan which is consisted with considerable number of active volcanoes. Unexceptionally, Hokkaido as well, there are a plenty of Onsen sites are seen, and the majority of those hot springs are the grace either from the volcanic activities. In fact, more than 10 obvious active volcanoes have been identified, and they are constantly in volcanic activity. In other words, Even in mid-winter, you have a benefit of enjoying natural hot spring anytime, anywhere. This will especially be an unignorable advantage for those who have spent a day for outdoor activities in winter cold air.

To enjoy Onsen, here are some tips you'd better know in advance.

- 1. No swimwear is required, you can bathe naked, nobody care about each other.
- 2. Before you soak in the bath, clean your body at a shower booth then rinse soap off.
- 3. To keep hot water always clean, do not soak your towel in the bath.
- 4. To prevent wet the floor, wipe roughly your body before going back to the changing room.

## **Onsen Hotels**

Accommodations situated at Onsen resort are commonly called Onsen Hotel or Ryokan (旅館). The guestrooms are usually traditional Japanese style with tatami floor, you will sleep in a Futon set on the floor instead of a bed. However, the western style bed rooms are also widely provided these days. Despite both room types, you can find 'Yukata' in the room. It's a traditional Japanese night robe looks as if simple kimono, and it's normally allowed to go with wearing Yukata wherever inside the facility even at the dinning room.



## Reservation & Cancellation Policy

#### Reservation

When we receive your reservation request, we will ask for your contact details and personal information such as your height and dietary requirements etc., in order for us to adequately organize and arrange the tour service. Once the Registration Form is completed, you will be taken to the payment (Deposit/Full) to secure the booking.

#### **Payment Methods**

We require the Deposit of 50,000 yen or Full Payment to secure your booking. The Deposit is treated as a part of the Tour Price. You will receive an email reminder about payment of the balance, which is generally due 30 days prior to the tour departure date. We accept payment by credit card in our local currency, Japanese yen. If you prefer to pay by bank transfer, we will give you our bank details and the amount of bank fees that should be added to the Tour Price.

#### Cancellation

If you wish to cancel a tour reservation, please notify us in writing. Our Cancellation Policy is as follows.

- Cancelled more than 31 days prior to departure: zero fees
- Canceled between 30 and 15 days prior to departure: 20% of the Tour Price
- Canceled between 14 and 8 days prior to departure : 30% of the Tour Price
- Canceled between 7 and 3 days prior to departure : 50% of the Tour Price
- Canceled 2 days prior to departure or later: 100% of the Tour Price
- · No refunds will be given after the tour has commenced