

Introduction



Hokkaido constantly tops the list as the most Rebun Airport attractive region of Japan. (suspended) But what kind of place is it, really? Here's what you can find. Ohihiro Obihiro Airport Okushiri Airport

Average temperature in Hokkaido

9												
	January	February	March	April	May	June	July	August	September	October	November	December
HAKODATE	-2.4	-1.8	1.9	7.3	12.3	16.2	20.3	22.1	18.8	12.5	6.0	-0.1
SAPPORO	-3.2	-2.7	1.1	7.3	13.0	17.0	21.1	22.3	18.6	12.1	5.2	-0.9
ASAHIKAWA	-7.0	-6.0	-1.4	5.6	12.3	17.0	20.7	21.2	16.4	9.4	2.3	-4.2
ABASHIRI	-5.1	-5.4	-1.3	4.5	9.8	13.5	17.6	19.6	16.8	10.9	4.0	-2.4
KUSHIRO	-4.8	-4.3	-0.4	4.0	8.6	12.2	16.1	18.2	16.5	11.0	4.7	-1.9
WAKKANAI	-4.3	-4.3	-0.6	4.5	9.1	13.0	17.2	19.5	17.2	11.3	3.8	-2.1

Hokkaido's Tourism Kyun-chan

Kyun-chan is a round-eared, round eyed northern pika from Hokkaido.

The character wears a deer- or local specialty-themed hood and presents Hokkaido's many charms.



Japanese Pika

A endangered species found in a few regions such as the Daisetsu Mountains. It's characterised by its small, cute form and high-pitched squeak.

Seasonal changes and clothing in Hokkaido

Spring

- ★Winter clothes are best until mid-April.
- ★ Days are warm but nights are cold, so stay comfortable by layering.
- ★ Bring outerwear such a light coat or parka.

Summer

- ★Light summer wear is order, but have a warm layer for cool nights, too.
- ★lt's hard to avoid sunshine, so bring a hat or sun umbrella.
- ★ Even midday can be cool on some days, especially on the Pacific coast, so don't forget your sweater!



Autumn

★ Days are warm but nights are cold, so stay

★ Dress for winter from late October onwards.

*Days grow colder from mid-September onward. A

comfortable by layering.

coat or jacket is a must.







Winter

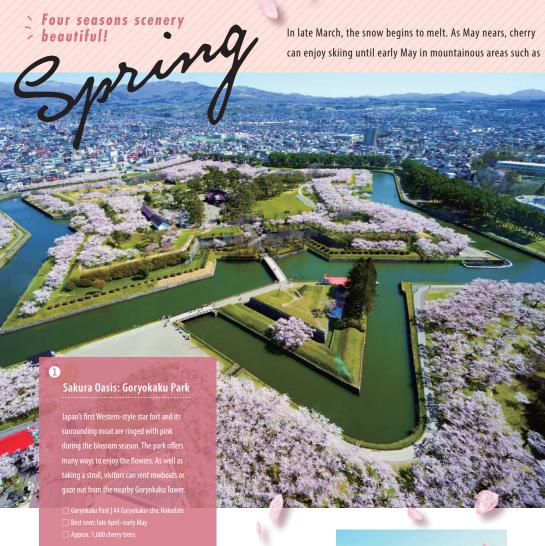
- ★Wear a scarf, gloves, long coat, a hat that covers your ears to stay warm when going out.
- ★ Ice cleats and waterproof spray—available from footwear stores—make the icy streets less
- ★ Buildings are warm, so you can stay comfortable by







(Average temperatures in °C from 1991 to 2020)



2 Sakura Oasis: Matsumae Park

Home of Matsumae Castle, which is the northernmost castle in Japan, Hokkaido's only traditional-style castle, and the last Japanese castle ever built. The cherry blossom season here lasts a whole month thanks to the many early- and late-blooming varieties. During this time, the Matsumae Cherry Blossom Festival is held, which hosts various events to enjoy.

□ Matsumae Park | Matsushiro, Matsumae-cho, Matsumae-gun □ Approx. 10,000 cherry trees (250 varieties)
 □ Best seen: late April—mid May □ Illuminated: sunset—20:30



trees and wildflowers bloom, and hibernating animals wake and emerge. Visitors Niseko and Daisetsuzan.

3 Kamiyubetsu Tulip Park



Once the town's main agricultural product, tulips grown in a field for posterity by local enthusiasts attracted so much attention that a park was built. Today, tourists can see 700,000 tulips from around 200 varieties.

- ☐ Kamiyubetsu Tulip Park
- 365 Kamiyubetsu Tondenshigaichi, Yubetsu-cho, Mombetsu-gun
- ☐ Best seen: mid-May—late May

5 Nijukken Road Cherry Blossoms, Shizunai



With over 2,000 cherry trees along a seven-kilometer line, Nijukken Road is Japan's longest cherry blossom boulevard. This cherry blossom spot, listed as a Hokkaido Heritage site, reaches full bloom in early to mid-May. When you walk down the path, strewn pink with petals, you feel like the lead of a love story.

- ☐ Nijukken Road Cherry Blossoms | Shizunai Tahara—Shizunai Misono, Shinhidaka-cho, Hidaka-qun
- ☐ Best seen: early May—mid May

4 Takikawa's Canola Flowers



Ebeotsu, Takikawa and the surround area is one of Japan's largest canola-growing regions. When the crop flowers, the rolling landscape becomes a bright carpet of yellow. To find the best spot for viewing, ask the local tourism center, which is set up at Takikawa Roadside Station for the Canola Flower Festival.

- ☐ Tourist Center (Takikawa Roadside Station) |
- 11-13-3 Ebeotsucho Higashi, Takikawa (only during the Canola Flower Festival)
- ☐ Best seen: mid-May—early June

6 Higashimokoto Shibazakura Park



Shibazakura, known in English as moss phlox, produces tiny pink flowers shaped like cherry blossoms. In mid-May, the best time to visit, the park looks like it's covered in a blazing pink carpet. Viewed from below or the hill lookout, it's a beautiful sight. Notable features include the Yamatsumi Shrine, which has a rare pink torii gateway.

- ☐ Higashimokoto Shibazakura Park | 393 Higashimokoto Suehiro, Ozora-cho, Abashiri-gun
- ☐ Best seen: May—early June

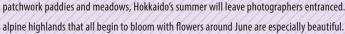
☐ Best Seen; May—earry June



2 Hokuryu Sunflower Village

Inspired by European sunflower fields, local residents began growing sunflowers here over 40 years ago. As time passed, the sunflowers became a town-wide project. Today, Hokuryu's sunflower plantation is one of Japan's largest, with around two million flowers blooming all at





3 Shakotan Blue

Behold the famous "Shakotan blue"! Through the clear water, the seabed is visible six meters down. Such is the wonder of this quasi-national park, which offers 300-degree views from Cape Kamui and the glorious Shimamui Coast beyond a narrow tunnel.

- ☐ Cape Kamui | Kozaki-cho, Shakotan-cho, Shakotan-gun
- ☐ Shimamui Coast | Irika-cho, Shakotan-cho, Shakotan-gun

6 Alpine Flora, Rebun Island



Rebun, nicknamed the "Floating Island of Flowers," lies within Rishiri-Rebun-Sarobetsu National Park and is Japan's northernmost remote island. About 300 species of alpine plants grow on Rebun. As there are no bears, you can enjoy the spring and summer flowers from the seven hiking trails at your leisure.

- Rebun Island | Rebun-cho, Rebun-gun
- ☐ Flower season: May—September

Märchen Hill



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Beside the main road, like a scene from a child's picture book, a line of larches stands against an endless sky. Natural variation like dawn, dusk, and the changing seasons make this a must-see for landscape photography lovers all year round.

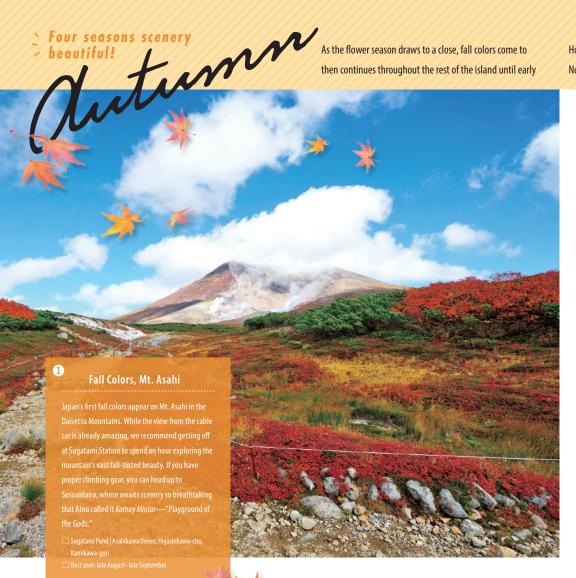
☐ Märchen Hill view point/parking area Memanbetsu Showa, Ozora-cho, Abashiri-gun

6 Sea of Clouds, Bihoro Pass



Bihoro Pass looks out over Lake Kussharo, one of Japan's biggest caldera lakes. The seas of clouds and sunny panoramic lake views entrance tourists passing through with their motorbikes or camper vans. The roadside station at the top of the pass is the perfect spot for lunch with a

☐ Gurutto Panorama Bihoro Pass Roadside Station | Furuume Bihoro, Abashiri-gun



2 Fall Colors, Kosetsuen

Kosetsuen is the only garden in Hokkaido designated as a national cultural property. It hosts the Hakodate MOMI-G Festa foliage festival, and is renowned for its fall colors. At night, dreamy illuminations light up the 100-meter-long row of maples. Besides the 150 or so tree species, the historic buildings are also attractive.

☐ Kosetsuen | Miharashi Park, 56 Miharashi-cho, Hakodate ☐ Best seen: mid-October—early November



Hokkaido. In the Daisetsu Mountains, Japan's earliest autumn foliage climaxes in mid-September, November. Greater summer temperature variations lead to more vibrant leaf colors.

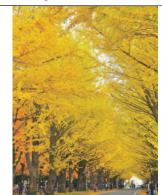
3 Fall Larch Colors, Biei



Japanese larch is the only conifer in Japan that loses its needles before winter. Many were planted around Biei to shelter cropland from strong winds. In late fall, these windbreaks turn orange all at once, but the needles soon fall, so don't miss it!

- ☐ Viewpoint: Patchwork Hills region in Biei-cho, Kamikawa-gun
- ☐ Best seen: end of October—beginning of November

6 Ginkgo Avenue, Hokkaido University



Hokkaido University's Ginkgo Avenue is a prime spot for fall colors. Seventy yellow ginkgo trees stretch their branches over a road 380 meters long, forming veritable a tunnel of gold. This glorious spot is within walking distance of Sapporo Station, so stop by!

- ☐ Hokkaido University Ginkgo Avenue
- Hokkaido University, North 13, West 5-7, Kita-ku, Sapporo ☐ Best seen: late October—early November

4 Niji-no-Hiroba Taiyo-no-Oka Engaru Park



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At 10 hectares, Niji-no-Hiroba is one of Japan's largest cosmos fields, with about ten million flowers of 20 species, including native hybrids. Under the deep blue Okhotsk sky, the sight takes your breath away. Local volunteers plant, weed, and care for the flowers, giving the park an atmosphere of sincerity.

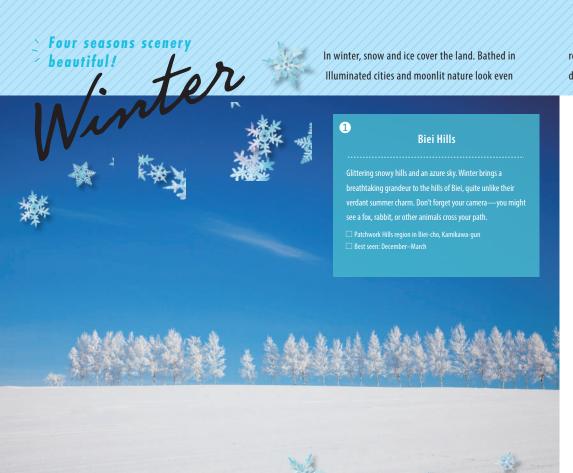
- ☐ Taiyo-no-Oka Engaru Park | 70-1 Marudai, Engaru-cho, Mombetsu-gun
- ☐ Best seen: late August—late September

6 "Coral Grass," Okhotsk Coast



Known to locals as "coral grass," glasswort grows in abundance on the shores of brackish northern lakes. In fall, the 15–30 cm stick-like plants change color, transforming lake shores into bright red carpets. Coral grass colonies can be found at the Ubaranai Glasswort Community at Lake Notoro near Abashiri, and at other lakes near the Sea of Okhotsk or Nemuro Strait.

- ☐ Viewpoint: Ubaranai Glasswort Community | 60-3 Ubaranai, Abashiri
- ☐ Best seen: early September—early October



2 Jewelry Ice

"Jewelry ice" is the name given to chunks of ice washed down the Tokachi River and cast up onto Otsu Beach at the river mouth. It's like but unlike drift ice. The glassy ice splits sunlight into glittering shafts that change hue throughout the day, and is popular with photographers.

- ☐ Jewelry House
- 208-16 Otsu Motomachi, Toyokoro, Nakagawa-gu
- ☐ Best seen: mid-January—early March

reflected sunlight, the white world seems brighter than in summertime. dreamier. The cold is bitter, so remember to wrap up.

(3) Ice Horizon



In winter, ice forms in Notsuke Bay, a bay in Nemuro Strait encircled by Notsuke Peninsula, Japan's longest sandspit. Visitors can enjoy the vast, uninterrupted horizon not water but ice as they walk on the frozen sea. Nature tours featuring trick photography are popular.

- ☐ Notsuke Peninsula Nature Center | 63 Notsuke, Betsukai-cho, Notsuke-gun
- ☐ Tours held: mid-January—early March

5 Fuyu-no-Shitsugen Steam Locomotive



The Fuyu-no-Shitsugen ("winter wetland") runs through Kushiro Shitsugen National Park during the winter. Passenger enjoy sweeping views of untouched nature, with glimpse of deer and cranes. Some carriages offer outward-facing seats for watching the Kushiro River and wetlands, others have potbelly stoves. No matter where you sit, you'll enjoy the train's powerful sound and drifting plume.

- ☐ Fuyu-no-Shitsugen | Kushiro—Shibecha daily round trip, JR Senmo Main Line
- Runs January—March on selected days

4 Sapporo Nightscape, Mt. Moiwa



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Sapporo's nightscape ranks in Japan's new top three. It's best seen from Mt. Moiwa, which towers 531 meters high near the city center. Take the cable car to the summit observation deck for a 360-degree view. The light reflecting off the snow makes the panorama truly romantic.

- ☐ Mt. Moiwa Ropeway | 5-3-7 Fushimi, Chuo-ku, Sapporo
- ☐ Winter Season: December—March (last lift 21:30)

6 Asahiyama Zoo Penguin Walk



See animals in their natural state at Japan's northernmost zoo. The winter Penguin Walk reenacts wild penguins' march to find food. The funny, cute penguins themselves are excited to get exercise and draw crowds of admirers.

- Asahiyama Zoo | Kuranuma, Higashi Asahikawa-cho, Asahikawa
- ☐ Held during the snow season

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WILD ANIMALS

Chance encounters—a pleasure of travel.

You can meet so many kinds of animals while touring Hokkaido!

Some are even endemic to the island. If you meet one, it's sure to become a treasured memory.



Ezo brown bears are Japan's largest animal, and only live in the forests of Hokkaido. They can become ferocious to defend their cubs if humans approach, but usually they avoid us. If you take a boat cruise from Shiretoko, then with luck you might see a bear climbing the mountains or catching fish in a stream.

EZO RED FOX

The Ezo red fox is a subspecies of the red fox and is found all over Hokkaido. It's found as often around human settlements as it is in the forest, and it's not unusual to encounter them on country roads.

Although they are extremely cute, nearly all wild foxes carry parasites, so don't ever touch them!



Warning!

Squeak!

Follow the rules and stay safe!

- Don't approach wild animals.
- Don't feed wild animals.
- Animals may try to dash across the road while you drive. Be careful!
- If you come across a wild animal, leave the area quietly.
- Don't touch wild animals.
- If you come into contact with animal excreta, etc., take appropriate steps such as handwashing, gargling and so on.



EZO SIKA DEER

Ezo sika deer are a subspecies of sika deer endemic to Hokkaido. Males with antlers can grow as long as 190 cm and weigh up to 150 kg. Antler grow anew every March, and forest tours to collect fallen antlers are offered. You can sometimes find herds of deer while driving mountain roads.

LONG-TAILED TIT

A small Hokkaido bird 10–14 cm long. It emerges from its usual forest habitat from December to February to seek tree sap near human settlements.

Steller's sea eagle is Japan's largest bird of prey, with a wingspan of up to 250 cm. The eagle lives in the far east and is distinguished by its orange beak and black-and-white feathers. The white-tailed eagle is slightly smaller, and can be found in Europe and northern Asia. Its feathers are dark brown, and its tail is white. Both species spend the winter on Hokkaido's shores. The majestic birds entrance photography enthusiasts.



The 15–18-cm long Ezo flying squirrel is endemic to Hokkaido. An arboreal species, it glides between trees and sometimes builds nests in bird nest boxes.

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Every choice is Hokkaido quality!

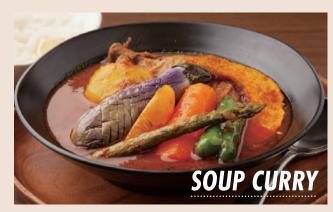
With the combined bounty of the sea and the land, Hokkaido is a veritable treasure chest of fine ingredients.

You're sure to enjoy Hokkaido's distinctive cuisine, which uses a full spectrum of fresh seafood and agricultural produce.





Hokkaido has three main ramen types. Sapporo ramen has curly medium-thick noodles in a miso-based soup. Asahikawa ramen has curly medium-fine noodles in mixed soup containing pork and seafood broth with a soy sauce base. Hakodate ramen has straight medium-fine noodles in a clear soup with a salt base. Each is delicious in its own particular way. While Sapporo ramen is flavorful and full of vegetables. Asahikawa ramen is tasty and savory, and Hakodate ramen is simple and refreshing.



Another Sapporo specialty, soup curry is distinguished by its use of blended spices in a light soup. Meat and vegetables are added as large chunks to preserve their innate flavors. Soup curry is served with rice, which can be dipped in the soup with a spoon or eaten separately. Each restaurant uses its own unique spice blend, so it's fun to tour them to find your favorite.



GENGHIS KHAN

"Genghis Khan," or jingisukan, is lamb or mutton grilled with vegetables on a dome-shaped iron plate. Its exact origin is debatable, but when Japan tried to build a domestic wool industry, such dishes were developed to use the resulting meat. In any case, there are two variants: Sapporo style, where the meat is grilled and then dipped in sauce, and Takikawa style, where the meat is marinated before grilling.



MELON

ICE CREAM



BREWERIES DISTILLERIES

A toast to Hokkaido's fine spirits.

Hokkaido has been a producer of whiskey, wine, gin, and other beverages ever since beer brewing began here in the second half of the 19th century.

Thanks to its ideal environment for brewing both Western and Japanese spirits, and the passion of its artisans, Hokkaido drinks have earned accolades from Japan and overseas. A factory tour or visit to a bar or direct sales store is a great way sample Hokkaido's drinks.

BEER&LOW-MALT BEER



Experience over 145 years of beer-brewing history at the Sapporo Beer Museum, which was opened in Hokkaido's pioneer period.



In the late 19th century, after studying traditional beer production techniques in Germany, brewmaster Seibei Nakagawa began brewing beer at the Kaitakushi Brewery. The cold-brewed beer was named Sapporo Beer. Hokkaido is thus the birthplace of the Japanese beer industry, and Hokkaido people love beer. If you love beer too, check out the Hokkaido's growing selection of craft beers.

GIN



in the summer of 2020 by

in the Shakotan Peninsula

Shakotan Spirit, a company based

Honoho, a craft gin, was released

of juniper berries, has become popular in Japan during the past few years. There are now three craft gin distilleries in Hokkaido, which also produce original gins featuring homegrown botanicals, wild Hokkaido herbs, or even seaweed.

Gin, a spirit imparted with the aroma



Takasago Shuzo continues to brew sake in a traditional-style building in Asahikawa. Its direct sales store sells brewery-exclusive sake and products processed from sake lees.



Find Hokkaido sake info here



Sake (Japanese rice wine) production in Hokkaido dates back to 1872, when Sapporo's first sake brewery was opened. Hokkaido's excellent water quality and long, cold winters made it perfect place for brewing sake. With the growing global popularity of sake, more and more varieties of fine and distinctive sake are being

SAKE

Winemaking began in Hokkaido in the second half of the 19th century, but production only began in earnest about 50 years later, when wine from Ikeda town won a Bronze Award at the International Wine Convention. Then European grapes were planted in Otaru and Yoichi, and wine production took off. Now small wineries can be found all over the

island, producing wines that express their

Find Hokkaido winery info here



Hokkaido



WHISKY

Taste whisky and see traditional coal-fired pot stills, extinct in their native Scotland, at Nikka Whisky's Yoichi Distillery. Advance online booking required.

Like whisky's homeland of Scotland, Hokkaido has a cool, humid climate. Whiskies from Hokkaido distilleries have won numerous awards at international competitions. In pursuit of this quality, two new distilleries have been built in Hokkaido. We can hardly wait for the whisky to mature!





Find Hokkaido whisky distillery info here





What's Hokkaido most famous for? Winter activities! There are so many ways to have fun.

> Shake off the cold and enjoy winter sports to the fullest!

SKIING

There's nothing quite like flying down a mountain with panoramic views. Skis and gear can be rented at most ski fields. have fun as they learn.

Always Popular SKIING & SNOWBOARDING

Nothing says "winter sports" like skis and snowboards! Hokkaido has about a hundred large and small ski fields,

and you'd be hard-pressed to find softer and more powdery snow anywhere.

SNOWBOARDING

Snowboarding, the ultimate combination of speed and cool tricks. There's nothing like the thrill of a perfect run. As with skiing, gear and coaching for beginners are available.

Hokkaido's Ski Information Portal POWDER SNOW HOKKAIDO

https://www.skiing-hokkaido.com/





It's an amazing experience that few other places can offer.

Drift Ice Sightseeing and Icebreaker Ship "Aurora"

Roadside Station Ryuhyo-Kaido Abashiri, Minami 3, Higashi 4-5-1 Abashiri

Tel: 0152-43-6000 (Reception open: 9:00-17:00) Season: late January—early April



DRIFT ICE EXPERIENCE

Vast and Magical!

Giant chunks of ice drift down from the north, lingering by Hokkaido's northeast coast from around late January to late March. Visit the Sea of Okhotsk to experience the awe!

Drift Ice Breaker Garinko

1 Kaiyokoen, Mombetsu Tel: 050-1743-5848 (Reception open: 8:30-17:30)



RYUHYO WALK® (DRIFT ICE WALK)

Drift ice walking tours are held in winter at Utoro on the Shiretoko Peninsula. You won't find a tour like it anywhere else in Japan.

DRIFT ICE MUSEUM

Experience drift ice at any time of year! See sea angels and other fauna from the Sea of Okhotsk, encounter real drift ice in a sub-zero room, and learn about the mysteries of nature from the many films and exhibits



SHINRA

(Shiretoko Nature Guide Tour Co., Ltd.)

187-8 Utoro Nishi, Shari-cho, Shari-gun

Tel: 0152-22-5522 Season: early February—late March

[DRIFT ICE MUSEUM]

Okhotsk Rvu-Hvo Museum

244-3 Tentozan, Abashiri Tel: 0152-43-5951







Rusutsu Resort

13 aza Izumikawa, Rusutsu-mura, Abuta-gun

Tel: 0136-46-3332 (Snow Activity Land) Season: late December-mid-March

Feel the rush! SNOW TUBING

Sliding down a slope on an inner tube is a different kind of fun from skiing or sledding, but it's fun for everyone. Even little children can enjoy it, because adults and children can ride together!

North Snow Land in Chitose

The North Country Golf Club, 26 Rankoshi, Chitose Tel: 0123-27-2121 Season: late December-early March



No sinking with

SNOWSHOES

Don't sink up to your calves in the soft snow, strap on a pair of snowshoes! It's winter fun without the workout. Snowshoe hiking tours are offered in many areas, so why not sign up and explore the white wilderness?

Hill Town Biei DMO

1-2-14 Motomachi, Biei-cho, Kamikawa-gun Tel: 0166-74-5757 (Weekdays 9:00-17:00) Season: mid-December-late March





A Winter Tradition

ICE FISHING FOR SMELT |

A easy and relaxing winter pastime. Drill a hole in a frozen lake, drop in a baited line, and wait for sleek little smelt to bite. Everything required, from tents to fishing tackle, are available for hire. Ice fishing at Japan's coldest lake is engrossing fun for people of all ages. The smelt you catch are delicious fried as tempura.



Shumarinai Freshwater Fishery Cooperative

Shumarinai, Horokanai-cho, Uryu-gun Tel: 0165-38-2470 Season: mid-January-early April



WINTER **ACTIVITIES**

Feel the snowy plains rush by! **SNOWMOBILING** & SNOW RAFTING

They're easy to ride and you don't need a license. What's better than dashing across a snowy field with Mt. Yotei in the background? Snowmobile hire plans range from standard, to short, to private tours. Snow rafting on a rubber dinghy behind a speeding snowmobile is also not to be missed.

Hokkaido Lion Adventure

60-4 aza Chuo-dori, Niseko-cho, Abuta-gun Tel: 0136-43-2882 Season: early December-late March



Run wild with dogs!

DOG SLEDDING Speed across the snow with a pack of furry friends. Exploring the grandeur of nature while working together with dogs is a truly refreshing experience. If you have children or are a beginner, don't

worry—every sled has a musher to guide it.

Mushing Works

Nishi 31 Sen 25, Urimaku, Shikaoi-cho Kato-gun Tel: 080-3232-8119







CYCLING

Kamishihoro Tourist Information Center

aza Higashitaisetsu Nature Center 48-2 aza Nukabira Gensenkyo, Kamishihoro, Kato-gun Tel: 01564-4-2224





Fun and delicious!

FRUIT HARVEST

Ohashi Cherry Farm

469 Kamiashibetsu-cho, Ashibetsu Tel: 0124-23-0654 Cherry season: early July-late August Other fruit: late August-late October



Little Tree

Ochiai Ruma, Minamifurano-cho, Sorachi-gun River Base booking: 0167-56-7341 Adult: ¥7.000 Child: ¥6.000 (No children under school age) (Fee for 2-hr rafting course) From 9:00 and 14:00 | Ages 6 and up only



Adrenaline rush! RAFTING



rivers, Hokkaido offers no end of attractive summer activities.

Take to the sky!

Maple Lodge 183-2 Movo-cho, Iwamizawa Tel: 0126-46-2222 Season: June-September

Immerse yourself in nature!

CAMPING/GLAMPING

HOT AIR BALLOONING

Hokkaido Balloon Festival

241 Kamishihoro, Kamishihoro-cho, Kato-gun Tel: 01564-2-4291 Season: mid-August



Slow and relaxing!

Which will you choose?

ACTIVITIES

From camps amid verdant nature, to canoeing and rafting on clear

CANOE

Kushiro Marsh & River

88-5 aza Toritoushi, Kushiro-cho, Kushiro-gun Tel: 0154-23-7116 Season: year-round Cost depends on course







HOT — **SPRING** SPOTS.

Central Hokkaido

Southern Hokkaido

Sapporo

Lake Shikotsu

Noboribetsu

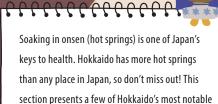
Hakodate

Niseko

Lake Tova

Yunokawa

onsen destinations.



M Central Hokkaido JOZANKEI ONSEN

Sapporo's Own Hot Spring Refuge



Nestled in a national park only about one hour's drive from central Sapporo, Jozankei Onsen boasts beautiful views that change with the seasons. The gentle, colorless water contains salts and warms you to your core.

Tel: 011-598-2012 (Jozankei Tourist Association)



M Central Hokkaido NISEKO ONSEN

Lofty Mountain Views



Niseko is famous for skiing, but also has a number of hot springs reputed to be good for the skin. Several of these offer views of Mt. Yotei, Hokkaido's Mt. Fuii, from their outdoor baths.

Tel: 0136-21-2551 (Niseko Promotion Board)



M Central Hokkaido 03 LAKE SHIKOTSU ONSEN

Scenic Lakeside Views



Lake Shikotsu is becoming famous for its unique geography and astounding clarity. At the hot springs on its shore, you can bathe while admiring the beautiful scenery. The area is conveniently located within an hour's drive of New Chitose Airport.

Tel: 0123-25-2404 (Lake Shikotsu Visitor Center)



M Central Hokkaido **NOBORIBETSU** onsen

One of Japan's Premier Onsen Hotspots



The quintessential hot spring hotspot, with gushing hot water and the smell of sulfur. The whole town is steeped in onsen culture. It's rare even in Japan to be able to bathe in different types of hot spring in the same place.

(Noboribetsu International Tourism and Convention Association)



05 LAKE TOYA ONSEN

Relax and Take in the Lake View



Toyako Onsen boasts magnificent lake views and waters that leave you warm even after bathing, and offers more hot spring inns in one place than anywhere else in Hokkaido Travelers are welcomed with fireworks form late April to the end of October.

Tel: 0142-75-2446 (Toyako Onsen Tourist Association)

Southern Hokkaido 06 YUNOKAWA ONSEN

Nostalgic Harbor Prospects



Loved by bathers for over 350 years, this seaside onsen hotspot offers heartwarming views of fishing boat lights in Tsugaru Strait at night. The colorless, scentless water is gentle on the skin but thoroughly warming



(Hakodate Yunokawa Hot Springs Ryokan Cooperative)

HOT SPRING SPOTS Northern Hokkaido Eastern Hokkaido

Asahikawa

(2)

Mt. Tokachi

0 Utoro Abashiri

Lake Akan

Kawavu

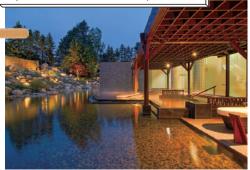
How to Bathe

the bathhouse rules, tool

- 1. Drink a glass of water 30 minutes before bathing.
- 2. Splash water on your body, working from your extremities inwards.
- 3. Wash yourself thoroughly.
- 4. Immerse yourself waist-deep and fully immerse after you warm up.
- 5. Take several short baths instead of one

∭ Eastern Hokkaido 03 TOKACHIGAWA ONSEN

Bijin-no-Yu, the "Natural Beauty Serum"



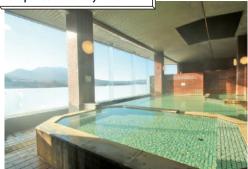
Hokkaido is home to many of Japan's organic matter-rich "moor" hot springs, and the foremost of these is Tokachigawa Onsen. Tinged with ancient plant residues, the water is likened to a beauty serum and is popular with women.

Tel: 0155-32-6633 (Tokachigawa Onsen Tourist Association)



∭ Eastern Hokkaido 04 LAKE AKAN ONSEN

Unspoiled Nature by Lake Akan



Lake Akan is located in a national park and is a habitat for marimo, spherical moss-like algae balls. The onsen town on its shore has a thriving Ainu cultural quarter. The water itself is colorless and odorless, perfect for all skin types.

(Akan Tourism Association)



05 KAWAYU ONSEN

A Unique Natural Hot Spring



One of the few highly acidic hot springs in Japan, which has a strong antimicrobial effect. If you take a walk along the path to Mt. Io, then you'll seen how unique the area's nature is, and understand how the water is the gift of an active volcano.

Tel: 015-483-2670 (Kawayu Onsen Tourist Center)

∭ Eastern Hokkaido 06 UTORO ONSEN



Utoro Onsen is Shiretoko's biggest tourist hub. Many local resorts have baths with ocean views, appreciated by tourists weary from exploring the World Heritage Area. In the winter, bathers can enjoy panoramic views of drift ice.

Tel: 0152-22-2125 (Shiretoko Shari-cho Tourist Association)



M Northern Hokkaido SOUNKYO ONSEN

Soak in Daisetsuzan National Park



Surrounded by a vast and majestic natural environment, Sounkyo Onsen is a haven of relaxation for hikers climbing the Daisetsu Mountains. The Ice Fall Festival, held from late January to mid-March, is also a must-see.

Tel: 01658-2-1811 (Sounkyo Tourism Association)



∭ Northern Hokkaido 02 MT. TOKACHI ONSEN

Hokkaido's Highest Hot Spring



A scenic hot spring hideaway near the trailhead for Mt. Tokachi, the closest peak of the Daisetsu Mountains to Furano and Biei. It's a rare and special experience to soak in a hot spring amid alpine scenery.

Tel: 0167-45-3150 (Kamifurano Tokachidake Tourist Association)



CULTURE IN HOKKAIDO AINU PURI

Try your hand at Ainu patterns!

Ainu culture is a precious part of Japan's culture that is on the verge of extinction. Upopoy National Ainu Museum and Park was opened in 2020 to play a central role in reviving and spreading Ainu Culture. Kyun-chan visited and found many exciting experiences. Won't you take a look, too?

Who are the Ainu people?

Ainu are the native inhabitants of the northern Japanese archipelago and Kuril islands, especially Hokkaido. They have their own unique language and culture, including traditional patterns and dances.

Old and New Ainu Cuisine

RESTAURANT/FOOD COURT



Tasty, beautiful and healthy: HARU RAN NA offers delicious dishes made with ingredients central to Ainu culture. The photo above shows fire-roasted yuk (Ezo deer) (¥2,800 with soup and bread).

Open Flame Dining and Cafe HARU RAN NA

Traditional Ainu ingredients with a modern twist Tel: 0144-84-6545 11:00-15:00 (Last order at 14:30)

Step back in time!

KOTAN (TRADITIONAL)

Experience the traditional Ainu living environment in a replica cise



NATIONAL AINU MUSEUM AND PARK

UPOPOY

Learn all about Ainu culture!

esy of The Foundation for Ainu Culture

NATIONAL AINU MUSEUM

Japan's first and northernmost museum devoted to the history and culture of the Ainu people, Hokkaido's indigenous inhabitants. The Permanent Exhibition Room presents six themes from an Ainu perspective: language, universe, lives, history, work, and exchange.

Museum Shop NATIONAL AINU MUSEUM **MUSEUM SHOP**



The Museum Shop at the National Ainu Museum sells a variety of traditional Ainu crafts and museum-exclusive goods.

Hoshino Resorts KAI Poroto

A hot spring resort on the shore of Lake Poroto which offers scenic lake views from every room. When you bathe in the pointed bathhouse's moor (organic) hot spring, rich in organic matter dissolved from ancient plant material, you feel almost as if you're floating in the lake in front of you.

KAI Poroto

1-1018-94 Wakakusa-cho, Shiraoi-cho, 050-3134-8092

CULTURAL EXCHANGE PROGRAM Embroider Ainu patterns with chain stitches. The pointy "horns" are the key. You sew the start and the spirals, continue through the horns, keep going... and even if it's not perfect, you get there!

These are just some of the experiences available:

WORKSHOP PROGRAMACTIVITIES

- ◆ Wood engraving ······ Engrave Ainu patterns on a smartphone stand
- ♦ Mukkuri carving ····· Shape a *mukkuri* (Ainu mouth harp) with an engraving chisel
- ◆ Cooking ····· Cook and taste Ainu ohaw (soup)

Various other experiences are offered such as traditional dances, plays, and other events.



Upopoy

National Ainu Museum and Park

Experience Ainu culture!

2-3 Wakakusa-cho, Shiraoi-cho, Shiraoi-gun Tel: 0144-82-3914 (The Foundation for Ainu Culture) Nov 11-Mar 31 9:00-17:00

Closed Mondays (or the next business day if Monday is a holiday) and Dec 29-Jan 3 Adult: ¥1,200, high school student: ¥600, iunior high and vounger free.





WORLD CULTURAL HERITAGE OMON

The Jomon Prehistoric Sites in Northern Japan are cultural heritage sites that tell of the livelihoods and spirituality of a sedentary people who sustainably used the natural bounty of the forests, seas and rivers for over 10,000 years though hunting, fishing and gathering. This World Heritage area is composed of 17 Jomon-period sites, including settlements, burial grounds, and stone circles used for rituals and ceremonies, in the prefectures of Hokkaido, Aomori, Iwate, and Akita.

XXXXX HAKODATE XXXXXX

A hub settlement with large ceremonial earth mounds. More than 100 pits have been found, including graves and storage pits, as well as large dwelling pits over two meters deep.

Ofune-cho, Hakodate Tel: 0138-25-2030 Hakodate Jomon Culture



OFUNE

B.C.3,500 - 2,000

Hakodate Jomon **Culture Center**

551-1 Usujiri-cho, Hakodate Tel: 0138-25-2030



Home to the "Hollow Dogu," Hokkaido's own national treasure, the museum displays Jomon-period stone tools, pottery, ornaments, and other



Hakodate City Board of Education

artefacts excavated in Hakodate.



MAKODATE MAKODATE KAKINOSHIMA **B.C.AROUND 7,000-1,000**

Everyday and special spaces are set apart for living and burial here, where U-shaped earth mounds were raised around

Usuiiri-cho, Hakodate Tel: 0138-25-2030 (Hakodate Jomon Culture Center)





A shell mound on a hill facing Uchiura bay. Excavations have revealed not only shells and fish bones, but also the bones of fur seals, whales, and other marine animals





Tel: 0142-24-2122 (Kitakogane Site Information Center)



KIUSU EARTHWORK BURIAL CIRCLES **B.C.AROUND 1,200**

Nine donut-shaped grave sites, eight of which retain their original shape, formed by mounding earth around circular pit dwellings.



Chuo, Chitose Tel: 0123-24-4210 (Chitose City Buried Cultural Properties Center)



A communal burial site and shell mound from when permanent settlements were maturing. At the Irie Site, the bones of an adult with muscular atrophy were found, and graves of pregnant and nursing mothers were found at the Takasago Burial Site.





Takasago

Burial Site



44 Takasago-cho, Toyako-cho, Abuta-gun Tel: 0142-76-5802 (Irie-Takasago Shell Mound Museum)



The largest stone circle in Hokkaido, with two rings of stones around a central ellipse. MORI

> aza Washinoki-cho, Mori, Kayabe-gun Tel: 01374-3-2240 (Mori Town Office for Archaeological





STONE CIRCLE **B.C.Around 2,000** Excavation and Research)

HOKKAIDO EVENTS

SPRING and SUMMER

In summer, festivals and colorful nighttime fireworks displays are held all around Hokkaido.

Tourists are welcome to participate at many festivals, so why not join in and enjoy Hokkaido's short summer to the fullest!





A dance contest with its roots in Kochi Prefecture's Yosakoi Festival. Teams of performers in colorful, original costumes dance energetically to the soran-bushi, a fiery Hokkaido folk

An event held since 1954 to celebrate the North's short summer. Odori Park become a venue

donates part of its profits to charity. To enjoy Sapporo's summer to the fullest, you can attend

for the Hokkai Bon-odori folk dance, as well as the Sapporo Odori Beer Garden, which

the Susukino Festival and Tanuki Festival elsewhere in the city.

YOSAKOI Soran Festival Organizing Committee

Tel: 011-231-4351

Venues: 10 sites in Sapporo, primarily Odori Park



SAPPORO Early June YOSAKOI SORAN FESTIVAL

SAPPORO

SAPPORO SUMMER FESTIVAL



Sapporo Summer Festival Executive Committee

Tel: 011-281-6400 Venues: Odori Park, Susukino, Tanukikoji Shopping Arcade





FURANO Usually July 28-29

HOKKAI HESO FESTIVAL

The Hokkai Heso Festival, also known as the Bellybutton Festival, is held in Furano, which could be called the belly button of Hokkaido, Participants paint humorous faces on their stomachs and dance, filling the venue with smiles and laughter.

Heso Matsuri Executive Committee Tel: 0167-39-2312

Venue: Shin-aioi Shopping Street Festival Site



HAKODATE Early August

HAKODATE PORT FESTIVAL

Hakodate's biggest summer event! The festival features the Wasshoi Hakodate parade, in which performers dance the Hakodate Squid Dance, and an enormous firework display at night. The events are enjoyable for tourists as well as locals.

Hakodate Port Festival Committee Tel: 0138-27-3535 Venue: Otemachi, Wakamatsu, and



OBIHIRO Mid-August

FIREWORKS FESTIVAL

One of Hokkaido's biggest fireworks festivals, held in Obihiro on August 13 every year, with impressive displays of fireworks synchronized to music and lights.

Sales/Business Departments, Tokachi Mainichi Newspaper

Tel: 0155-22-7555 (9:00-18:00 weekdays) Venue: Festival site on the Tokachi River bed in Obihiro (about 400 m downstream of the Tokachi Ohashi Bridge)



HOKKAIDO EVENTS

AUTUMN and **WINTER**

In the fall harvest season, food events are held all around Hokkaido. And in the winter, there are so many ethereal snow and ice events!

Enjoy the events that these seasons bring!





SAPPORO Early September-Early October

SAPPORO AUTUMN FEST

A food festival to captivate your tastebuds with Hokkaido's amazing seasonal ingredients and delicacies. The various venues offer chances to savor different flavors from all over Hokkaido.

Sapporo Autumn Fest **Executive Committee**

Tel: 011-281-6400 Venue: Odori Park and other sites





HAKODATE Early December—Late December | HAKODATE CHRISTMAS FANTASY

When the gigantic, otherworldly Christmas tree is set up, a Christmas mood envelops the Red Brick Warehouses in the Hakodate Bay area. Every evening, fireworks are set off when the tree is lit up.

Hakodate Christmas Fantasy Executive Committee Office Tel: 0138-27-3535

Venue: Sea in front of the Kanemori Red Brick Warehouse (Suehiro-cho, Hakodate)





CHITOSE Late January—Late February

I ICE STORM FESTIVAL

One of Hokkaido's foremost winter festivals, featuring gigantic, beautiful ice structures made from spray-frozen clear water from Lake Shikotsu. At night, colorful lights turn the ice into a surreal fantasy scene.

Lake Shikotsu Festival Committee Tel: 0123-23-8288 Venue: Shikotsuko Onsen, Chitose Fee: ¥500 (free for junior high school students and younger)



SAPPORO Late January—Early February

SAPPORO SNOW FESTIVAL

The Snow Festival, which has been held since 1950, is one of Hokkaido's biggest and most famous events. Every year, awe-inspiring snow and ice sculptures are built depicting famous buildings from around the world and characters that were popular in the previous year.

Sapporo Snow Festival Executive Committee Tel: 011-281-6400

Venues: Odori Park, Susukino, Tsudome





SHIKAOI Late January-Mid-March

SHIKARIBETSU KOTAN

On the frozen surface of Lake Shikaribetsu, lying almost in the middle of Hokkaido, a little kotan (village) of ice and snow is built. Visitors can enjoy drinks at a bar made of ice, soak in an outdoor bath, and take guided walks, all on the frozen lake.

Lake Shikaribetsu Kotan Executive Committee Tel: 0156-69-8181 Venue: Lake Shikaribetsu (Lake Shikaribetsu,

Shikaoi-cho, Kato-gun)







O T A R U Early November-Late January THE BLUE CANAL

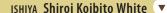
During the cold months, Otaru Canal is romantically illuminated with 10.000 blue LEDs. After sundown, the blue light mixes with the pale lingering twilight, giving the area a dreamy, otherworldly look. During the illumination season, visitors can take a cruise on the canal in a boat covered in blue lights.

Otaru Tourism Association Tel: 0134-33-2510









A classic sweet made with langue de chat biscuits around a white chocolate core.







filled with white

chocolate buttercream

MORIMOTO Haskap Jewelry

Thin cookies enclosing buttercream and jam made from haskap berries, a specialty Hokkaido fruit.





A popular sweet made of potato chips coated on one side with chocolate.







A lightly-flavored snack made from whole Hokkaido

Hokkaido souvenirs are the most popular local souvenirs in Japan. This is a selection of some old classics and unique new favorites.

A SELECTION OF HOKKAIDO SOUVENIRS



RYUGETSU Sanporoku >

A classic sweet made from baumkuchen

with a birch-bark pattern drawn with dark and







HORI Yubari Melon **Pure Jelly**

A jelly made from the finest Yubari melons that recreates their silky texture, musky aroma, and overflowing iuiciness.









YOSHIMI





KITAKARO Hokkaido Kaitaku Okaki

Premium rice crackers flavored with carefully selected Hokkaido seafood such as Hakodate squid.





KINOTOYA Sapporo Agricultural College Hokkaido Milk Cookie

Light, meltingly flavorful cookies made with fresh Hokkaido milk, wheat, and







Hokkaido Official Tourism Site

HOKKAIDO LOVE!



Your guide to Hokkaido's world-famous seasonal scenery, activities, gourmet cuisine, hot springs, and other captivating delights.

Hokkaido Official Tourism Site Facebook





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WELCOME HOKKAIDO Muslim & Vegetarian Guide



Learn about Muslim prayer spaces, restaurants and hotels catering to people with dietary restrictions, and other facilities in Hokkaido.



Foreign-language Healthcare Providors (JNTO website)



Don't worry about falling ill in Hokkaido—search here for a medical institution that speaks your language.





Point-to-Speak Communication Sheets

Download our handy cheat sheet to ask about disasters, solve hotel room issues, find your destination, and more.



HOKKAIDO LOVE!

English

A Natural Paradise!

HOKKAIDO







